

“NDA Hockey “ Academy Program Outline

NDA Academy Philosophy

Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)

Academics	<ul style="list-style-type: none">- All students in the academy will be referred to as “student athletes”. They are a student and then an athlete.- Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	<ul style="list-style-type: none">- The academy will benefit students who are self-motivated.- All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	<ul style="list-style-type: none">- All students will be accountable for behavior, attitude and level of effort both individually and within a class.- Students will demonstrate a positive attitude & behavior.- Students are expected to attend regularly.

Catholicity

In a partnership with family, Church and community, we provide Catholic Education of the highest quality to our students. Students are expected to demonstrate attitude, participation, and attitude that align with Catholic values.

Bus Responsibilities

- Absolutely NO food or cell phones on the bus
- Any garbage on the bus may lead seating plans or other necessary improvements
- Behavior on the bus is the same in a classroom.
- Please assist with carrying all equipment...then an instructor will direct students into the bus

Attendance & Notification

- All students are to register for afternoon attendance with their academy instructors
- A doctor's or parent note is required for students to be exempt from academy participation. Students that are unable to participate (broken arm, etc.) parents will be contacted and students will stay back at school or home.

Equipment Storage

- The bus transportation does NOT allow large equipment on the bus. Equipment must be dropped off and picked up by parents throughout the week. The equipment may stay in the basement for the entire school year.

- Basement hours are Monday - Thursday 7:15-8:30 a.m. and 2:30-4:45 p.m.

Clothing and Equipment

- If students do NOT come prepared for academy they will stay back at school and work on studies in the library or office. If there are repetitive absences from academy parents will be contacted to inquire about the reasons why.
- Hockey students are provided with an on-ice jersey that must be worn during academy ice sessions
- Students will need to bring the following: all necessary hockey equipment

Wellness Education (Health & Physical Education)

- The Health & PE are scheduled to be taught during academy times
- Throughout the year students are introduced to many community professionals (nutritionist, mental preparation for sports, physical trainers, etc.).
- Regular PE activities take place at different times throughout the year (volleyball, basketball, track & field, games, etc.)

Alternate Activities

- Hockey students will be introduced to a variety of community activities periodically throughout the year (swimming, bowling, spin classes, golf, TRX, curling, etc.)
- On ice sessions end March 31st which dry land training and off ice activities take place

Student Assessment

- There are three school reporting periods:
 - 1) Individual hockey skill testing, 2) Individual hockey skill testing, 3) Self-Assessment
- All academies use student performance tests to provide actual results (speed, agility, time, etc.)
- **Academy Surveys:** every year parents are surveyed to assist with feedback of concerns or encouragements toward the academy programs. Parents are also encouraged to contact instructors directly for any questions or concerns throughout the school year.

Opportunities for “PLAY”

- There are NO academy teams that play within the school community (games or tournaments)
- Many academy days consist of small game activities and challenges
- There are two segments of the Bull Dawg Cup which consist of 5 vs. 5 tournaments (December & March)

Academy Discipline

Students within the academy program will follow the same expectations of the school discipline policy where parents are contacted by teachers and/or instructors (text, email, or phone). At any time, administration may remove students from the academy depending on the concerns from teachers and support of parents.

Timeline of Academy Program

- Monthly calendar activities are placed on the NDA academy bulletin board
- Students are reminded to check the academy board for upcoming activities

INSTRUCTOR

Chad Gans

- Played for the University of Alberta Golden Bears (1998-2001).
- Played four seasons in the W.H.L. (1993-1996).
- Instructor with the Hockey Canada skill development camps.
- Instructor with Hockey Alberta Intro to Coaching.
- High Performance I Certified
- Theory Levels I, II and III
- Alberta Cup Assistant Coach 2009, 2010
- U18 AAA Assistant Coach 2009/10, 2010/11, 2011/12, Coach 2013/14, 2014/15
- Scout—Portland Winterhawks (WHL) 2017—Present

Shay Samson

- Teacher at Notre Dame Academy will compliment the skills instruction
- Played hockey with MHMHA from Timbits-Bantam
- Coached U12 CAHL and U15AAA Spring Hockey
- Coached MHC Rattlers in the ACAC for 2 years

Slater Dykema

- Played hockey with the MHMHA from Timbits to Midget AAA
- Played Junior A in the AJHL for the Drumheller Dragons earning awards such as “Hardest working”, MVP and “Unsung Hero”
- Owner of Platinum Star

HOCKEY ASSISTANTS

Additional instructors are utilized as needed throughout the year.