

“NDA Baseball” Academy Program Outline

NDA Academy Philosophy

Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)

Academics	<ul style="list-style-type: none">- All students in the academy will be referred to as “student athletes”. They are a student and then an athlete.- Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	<ul style="list-style-type: none">- The academy will benefit students who are self-motivated.- All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	<ul style="list-style-type: none">- All students will be accountable for behavior, attitude and level of effort both individually and within a class.- Students will demonstrate a positive attitude & behavior.- Students are expected to attend regularly.

Catholicity

In a partnership with family, Church and community, we provide Catholic Education of the highest quality to our students. Students are expected to demonstrate attitude, participation, and attitude that align with Catholic values.

Bus Responsibilities

- Absolutely NO food or cell phones on the bus
- Any garbage on the bus may lead seating plans or other necessary improvements
- Behavior on the bus is the same in a classroom.
- Please assist with carrying all equipment...then an instructor will direct students into the bus

Attendance & Notification

- All students are to register for afternoon attendance with their academy instructors
- A doctor's or parent note is required for students to be exempt from academy participation. Students that are unable to participate (broken arm, etc.) parents will be contacted and students will stay back at school or home.

Equipment Storage

- The bus transportation does NOT allow large equipment on the bus. Equipment must be dropped off and picked up by parents throughout the week. The equipment may stay in the basement for the entire school year.
- All baseball students are provided a lock and locker within the NDA gym change rooms.

Clothing and Equipment

- If students do NOT come prepared for academy they will stay back at school and work on studies in the library or office. If there are repetitive absences from academy parents will be contacted to inquire about the reasons why.
- Baseball Students are provided a baseball hat and shirt.
- Each student must adhere to the dress policy as set out by the teacher. Students will need to bring the following: academy clothing, glove, helmet, water bottle, and proper footwear

Wellness Education (Health & Physical Education)

- The Health & PE are scheduled to be taught during academy times
- Throughout the year students are introduced to many community professionals (nutritionist, mental preparation for sports, physical trainers, etc.).
- Regular PE activities take place at different times throughout the year (volleyball, basketball, track & field, games, etc.)

Alternate Activities

- Baseball students will be introduced to a variety of community activities periodically throughout the year (swimming, bowling, spin classes, TRX, curling, Karate-Do, GX Dance Studio, etc.)

Student Assessment

- There are three school reporting periods:
 - 1) Individual baseball skill testing, 2) Student Reflection, 3) Comparison of Period 1 & 3 Individual baseball skill testing
- All academies use student performance tests to provide actual results (throw, hit, run, etc.)
- Baseball skill tests includes pitching velocity, base running, bat speed (whip-its), hitting contact, other fitness testing, etc.
- **Academy Surveys:** every year parents are surveyed to assist with feedback of concerns or encouragements toward the academy programs. Parents are also encouraged to contact instructors directly for any questions or concerns throughout the school year.

Opportunities for “PLAY”

- There are NO academy teams that play within the school community (games or tournaments)
- Many academy days consist of small game activities and challenges
- Occasionally, students participate in scrimmages or whiffle ball games

Academy Discipline

Students within the academy program will follow the same expectations of the school discipline policy where parents are contacted by teachers and/or instructors (text, email, or phone). At any time administration may remove students from the academy depending on the concerns from teachers and support of parents.

Timeline of Academy Program

- Monthly calendar activities are placed on the NDA academy bulletin board
- Students are reminded to check the academy board for upcoming activities

INSTRUCTORS

Rob McDonnell

- Many years of coaching experience in Little League, High School, American Legion, and College.
- Instructed many baseball camps including K&E Baseball Academy in Kansas City, MO. USA.
- Spent the 1995 season as an Associate Scout with the San Diego Padres.
- Playing experience includes Medicine Hat American Legion and four years of College Baseball at Mayville State University in North Dakota.
- Guest Instructor at Toronto Blue Jays Honda Super Camps in 2013 and 2014.
- NCCP certified as Regional Coach and Provincial Coach.
- American Baseball Coaches Association member
- Notre Dame Academy head Baseball/Softball instructor since 2004.

Tyler Stahl

- American Baseball Coaches Association member since 2018
- Attended ABCA Coaching Convention in Dallas, TX (2019) and Nashville, TN (2020), Nashville, TN (2023)
- Multi-sport player and 13 years of coaching multiple sports including baseball, football, basketball, volleyball and hockey
- Developed skills and knowledge as a baseball player and coach in Medicine Hat Little League

Cole Schreiber

- Played 4 years in Medicine Hat American Legion Program (Majestics, Knights & Monarchs) as a pitcher/infielder
- Numerous Accolades in the American Legion Program (2014 Majestics Hardest Working Player, 2016 Knights MVP, 2017 Monarchs Rookie of the Year & Hardest Working Player)
- 2016 American Legion North District All Conference Team (Shortstop)
- Began coaching in American Legion Program in 2017, has been head coach the last four summers (Majestics 2020, Knights since 2021)
- Notre Dame Academy Instructor since 2021
- American Baseball Coaches Association member
- Head Coach of McCoy Colts since 2022

Jorden Rayner

- Attended Notre Dame Baseball/Softball Academy 2007—2012.
- Played 4 years of American Legion Baseball for both Medicine Hat K of C Knights and Medicine Hat Moose Monarchs as an Infielder and Starting Pitcher.
- Won the Unsung Hero Award in both 2014 and 2015 with the Medicine Hat American Legion Program
- Currently helps coach and instruct with both the K of C Knights and the Moose Monarchs
- Assistant Coach to the Knights and McCoy Colts
- Coach and Instructor with Emeralds Baseball.
- Notre Dame Baseball/Softball Instructor since 2018-2019

Alyssa Schimpf

- Background Education in Children and Youth Mental Health (Child and Youth Care Counsellor)
- 10 + years playing experience with Medicine Hat Softball Association
- Played in several provincial championships, including Western Canadians and Team AB Zones Summer Games
- Softball Developmental Coach
- 2021 U14 'B' Alberta Provincial Champion—Assistant Coach
- NCCP Coach Certifications
- Medicine Hat Minor Softball Association Coach for over 5 years
 - Notre Dame Baseball/Softball Instructor since 2019

Nathan Stark

- Attended NDA Baseball/Softball Academy 2008-2013
- Played for various teams across North America: American Legion Baseball, Colby Community College –KS, Medicine Hat Mavericks, LSU Shreveport—LA, Doane University Crete NE
- NCCP Coach Certifications
- Certified with Driveline Baseball Training Programs
- Owner of Advantage Athletics

BASEBALL ASSISTANTS

Additional instructors are utilized as needed throughout the year.