

KIWANIS RUN JUMP THROW T&F MEET

Medicine Hat Rotary Track – **Friday, June 13th, 2025**

4:00 p.m. – 9:00 p.m.

Location: 1501 Division Ave N – behind Crescent Heights High School

Please note: ENTRY DEADLINE is WED, June 11, 2025

Email entry to Meet Director, Marg Derbyshire at mderb@shaw.ca

No prior track experience required – entry is Free!

REGISTRATIONS WILL NOT BE ACCEPTED ON THE DAY OF THE MEET

This is a grass-roots track meet. Starting blocks and shoes with spikes are not allowed.
Concession will be available. Please bring your own water bottles, fill-up stations available.

Last Name _____ First Name _____
Address _____ City _____
Phone _____ Parent Email _____
Birthdate: Yr _____ Mo. _____ Day _____ ☐ Male ☐ Female
School _____ Age this year (as of Dec 31, 2025) _____

Participants can enter **either** “two track and one field” **or** “two field and one track event”.

Register in the category for your age on THIS YEAR'S BIRTHDAY

CIRCLE THE EVENT NUMBERS

Boys / Girls 7- 8 years old (Born in 2017-2018)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 9-10 years old (Born in 2015-2016)

1. 50 Metre Dash
2. 100 Metre Dash
3. 200 Metre Dash
4. 400 Metre Dash
5. Standing Long Jump
6. Softball Throw

Boys / Girls 11-12 years old (Born in 2013-2014)

1. 100 Metre Dash
2. 200 Metre Dash
3. 400 Metre Dash
4. 800 Metre Dash
5. Running Long Jump
6. Softball Throw

Boys / Girls 13-14 years old (Born in 2011-2012)

1. 100 Metre Dash
2. 200 Metre Dash
3. 800 Metre Dash
4. 1600 Metre Dash
5. Running Long Jump
6. Softball Throw

NOTE: If time permits, RELAYS will be held at the end of the Meet. Registration for Relay teams will happen the day of the Meet. Teams must register by 7:00 pm.

Emergency Information: Please indicate any medical conditions / contact #'s

PRINT: Parent or Guardian

Participant