

## **SOCCER**

The soccer academy students will be finishing up their unit on “passing/receiving and shooting.” Although we will continue to work on these skills all year we are going to put more of an emphasis now on our next unit “defending.” Students have been doing an absolutely awesome job this year in putting in a solid effort into everything we do. Keep up the great work!! The cold weather has arrived and we have moved indoors to the Family Leisure Centre. Students still need to have all of their gear as usual for every session. Being that the “FLC” has a fairly new turf surface it is more important than ever that students have a pair of indoor soccer shoes or indoor running shoes to keep the surface clean. Students are reminded that they can only have water in their water bottles also.

## **GOLF**

Golf Academy moves to alternate activities. Please remember to check your academy calendar and be prepared. Thank you.

## **HOCKEY**

With Christmas just around the corner, **Hockey Academy** students will be participating in the annual Coupe’ de Bulldawg. This will be happening Wednesday, December 11 – Tuesday, December 17. Parents are invited out to support their son or daughter during this exciting week. As well, hockey academy students will be swimming at the FLC December 18, 19. **Equipment Storage times Monday-Thursday 7:15am - 8:30am and 2:30pm – 4:45pm**

"Once you learn to quit, it becomes a habit."

"Perfection is not attainable. But if we chase perfection, we can catch excellence."

Vince Lombardi

## **BASEBALL**

The Baseball Academy has gotten off to a great start during these first few months and we would like to thank all students for their positive attitude and effort. During the winter months we will be spending time in the NDA gym as well as the Fieldhouse. We will also take part in some alternate activities at other locations.

Thank you for your continued support and cooperation. Merry Christmas to all and we hope you enjoy some down time with family and friends!

"Talent wins games, but teamwork and intelligence wins championships."

Michael Jordan - NBA Hall of Fame

