

Notre Dame Baseball/Softball

AREAS OF INSTRUCTION:

- Mechanics of hitting
- Mechanics of throwing and catching.
- Pitching mechanics
- Fielding mechanics
- Base running
- Offensive and defensive strategies
- Alternate Activities
- Fitness and physical training
- Nutrition
- Mental aspects of baseball and softball
- Field care and maintenance
- Baseball and softball etiquette
- Physical Education and Health activities will be included

EQUIPMENT

Academy students must provide their own CSA approved ball equipment.

All students receive Academy clothing which is to be worn when participating with the Academy.

FACILITIES

Notre Dame Academy has outstanding indoor facilities on site, including a batting cage, pitching machine, pitching mounds, and a large gymnasium which will allow for training in all skill areas. The Fieldhouse is also utilized during the winter months. Outdoor facilities include a full size baseball/softball field, bullpens, and batting cage.

INSTRUCTORS:

Rob McDonnell—Instructor

rob.mcdonnell@mhcb.e.ab.ca



- Many years of coaching experience in Little League, High School, American Legion, and College.
- Instructed many baseball camps including K&E Baseball Academy in Kansas City, MO. USA.
- Spent the 1995 season as an Associate Scout with the San Diego Padres.
- Playing experience includes Medicine Hat American Legion and four years of College Baseball at Mayville State University in North Dakota.
- Guest Instructor at Toronto Blue Jays Honda Super Camps in 2013 and 2014.
- NCCP certified as Regional Coach and Provincial Coach.
- American Baseball Coaches Association member
- Notre Dame Academy head Baseball/Softball instructor since 2004.



INSTRUCTORS:

Tyler Stahl—Instructor

tyler.stahl@mhcbe.ab.ca



- American Baseball Coaches Association member since 2018
- Attended ABCA Coaching Convention in Dallas, TX (2019) and Nashville, TN (2020)
- Multi-sport player and 12 years of coaching multiple sports including baseball, football, basketball, volleyball and hockey
- Developed skills and knowledge as a baseball player and coach in Medicine Hat Little League
- Notre Dame Baseball/Softball Academy Instructor since 2018

Cole Schreiber—Instructor

cole.schreiber@mhcbe.ab.ca



- Played 4 years in Medicine Hat American Legion Program (Majestics, Knights & Monarchs) as a pitcher/infielder
- Numerous Accolades in the American Legion Program (2014 Majestics Hardest Working Player, 2016 Knights MVP, 2017 Monarchs Rookie of the Year & Hardest Working Player)
- 2016 American Legion North District All Conference Team (Shortstop)
- Began coaching in American Legion Program in 2017 and has been head coach the last two summers (Majestics 2020, Knights 2021)
- Four years of previous coaching experiences in other school based academies as well as coaching JV and Senior High School Baseball
- Notre Dame Academy Instructor since 2021
- American Baseball Coaches Association member



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INSTRUCTORS:

Amber Harnett—Instructor

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- 30+ Years involvement with Regina Minor Softball, Medicine Hat Softball, Redcliff Ladies Softball Association and Medicine Hat
- Little League- currently as an All Star and house league coach and clinic instructor
- Volunteer coach with 2020 Mavericks Summer League
- Playing experience in several Provincial and National Championships
- NCCP multi-sport coach
- American Baseball Coaches Association member -Attended 2019 ABCA Coaching Convention in Dallas, TX
- FAME (Females in Action Moving and Empowering) committee member
- Notre Dame Baseball/Softball Academy Instructor since 2016

Jorden Rayner—Instructor

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- Attended Notre Dame Baseball/Softball Academy 2007—2012.
- Played 4 years of American Legion Baseball for both Medicine Hat K of C Knights and Medicine Hat Moose Monarchs as an Infielder and Starting Pitcher.
- Won the Unsung Hero Award in both 2014 and 2015 with the Medicine Hat American Legion Program
- Currently helps coach and instruct with both the K of C Knights and the Moose Monarchs
- Coach and Instructor with Emeralds Baseball.
- Notre Dame Baseball/Softball Instructor since 2018-2019





INSTRUCTORS:

Alyssa Schimpf—Instructor

alyssa.schimpf@mhcbe.ab.ca



- Background Education in Children and Youth Mental Health (Child and Youth Care Counsellor)
- 10 + years playing experience with Medicine Hat Softball Association, player with Redcliff Ladies League
- Played in a number of provincial championships, including Western Canadians, Team AB Zones Summer Games
- Emeralds Baseball/Softball Developmental Coach
- 2019-2020 Emeralds 16U Assistant Coach
- 2021 U14 'B' Alberta Provincial Champion—Assistant Coach
- NCCP Coach in training
- Medicine Hat Minor Softball Association Board Member
- Notre Dame Baseball/Softball Instructor since 2019

