"NDA Golf" Academy Program Outline

NDA Academy Philosophy

Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)	
Academics	 All students in the academy will be referred to as "student athletes". They are a student and then an athlete. Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	 The academy will benefit students who are self-motivated. All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	 All students will be accountable for behavior, attitude and level of effort both individually and within a class. Students will demonstrate a positive attitude & behavior. Students are expected to attend regularly.

Catholicity

• In a partnership with family, Church and community, we provide Catholic Education of the highest quality to our students. Students are expected to demonstrate attitude, participation, and attitude that align with Catholic values.

Bus Responsibilities

- Absolutely NO food or cell phones on the bus
- Any garbage on the bus may lead seating plans or other necessary improvements
- Behavior on the bus is the same in a classroom.
- Please assist with carrying all equipment...then an instructor will direct students into the bus

Attendance & Notification

- All students are to register for afternoon attendance with their academy instructors
- A doctors or parent note is required for students to be exempt from academy participation. Students that are unable to participate (broken arm, etc.) will stay back at school or home.

Equipment Storage/Transportation

- The regular morning/afternoon bus transportation does NOT allow large equipment on the bus (with exception to academy buses). Equipment must be dropped off and picked up by parents throughout the week. The equipment may stay in the basement for the entire school year.
- Basement Storage is open from 7:30-8:30 a.m. and 2:30-4:00 every day (September 15- March 31)

Clothing and Equipment

- If students do NOT come prepared for academy they will stay back at school and work on studies in the library or office. If there are repetitive absences from academy parents will be contacted to inquire reasons why.
- Each student must adhere to the policy as set out by the teacher. See student agreement for a comprehensive list of required and suggested clothing/equipment.

Wellness Education (Health & Physical Education)

- The Health & PE are scheduled to be taught during academy times
- Throughout the year students are introduced to many community professionals depending on grade level, such as: nutritionist, mental preparation for sports, physical trainers, resume building, money management, etc.
- Regular PE activities take place at different times throughout the year (volleyball, basketball, track & field, games, etc.)

Alternate Activities

• Students will be introduced to a variety of alternate activities during the off seasons of golf to promote physical literacy, such as: swimming, bowling, spin classes, TRX, curling, Karate-Do, cross country at Police Point, etc.

Student Assessment

- There are three school reporting periods:
 - 1) Individual golf skill testing, 2) PE skill testing, effort, attitude, and 3) Individual golf skill testing and personal reflection
- Individual skill testing: Short and long putting, hand-eye coordination chipping and hand-eye coordination full swing. All tests are designed to achieve proficiency on the golf course.
- Daily range practice and on course practice sessions (50-150 yds.)
- Green procedure and etiquette
- Academy Surveys: every year parents are surveyed to assist with feedback of concerns or encouragements toward the academy programs. Parents are also encouraged to contact instructors directly for any questions or concerns throughout the school year.

Opportunities for "PLAY"

- There are NO academy teams that play within the school community (games or tournaments)
- Many academy days consist of modified golf games and challenges that improve individual golf skill development
- Students will be given the opportunity to play at a Par 3 course (Spring and Fall) depending on the availability of facilities, weather, and group maturity/etiquette (safety is our priority)

Academy Discipline

Students within the academy program will follow the same expectations of the school discipline policy where parents are contacted by teachers and/or instructors (text, email, or phone). At any time administration may remove students from the academy depending on the concerns from teachers and support of parents. Refer to the "student agreement" that parents and students sign at the beginning of the year.

Timeline of Academy Program

- Monthly calendar activities are placed on the NDA academy bulletin board
- Students are provided a copy of golf and alternate activities monthly from the instructors

INSTRUCTORS

Trevor Moore

CPGA Professional Titliest certified golf fitness instructor Head Golf Coach of Medicine Hat Rattlers Advantage Golf Academy Instructor/Owner

Boyd Block

Grade 8/9 Golf Teacher/Facilitator, Since 2010 Attended multiple Kokanee Springs Golf Instructional Schools Grade 9-12 PE Teacher

Rob Aberle

Grade 6/7 Golf Teacher/Facilitator, Since 2004 Attended Various Golf Instructional Schools NCCP Certification