

“NDA Soccer” Academy Program Outline

NDA Academy Philosophy

Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)

Academics	<ul style="list-style-type: none">- All students in the academy will be referred to as “student athletes”. They are a student and then an athlete.- Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	<ul style="list-style-type: none">- The academy will benefit students who are self-motivated.- All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	<ul style="list-style-type: none">- All students will be accountable for behavior, attitude and level of effort both individually and within a class.- Students will demonstrate a positive attitude & behavior.- Students are expected to attend regularly.

Catholicity

- In a partnership with family, Church and community, we provide Catholic Education of the highest quality to our students. Students are expected to demonstrate attitude, participation, and attitude that align with Catholic values.

Bus Responsibilities

- Absolutely NO food or cell phones on the bus
- Any garbage on the bus may lead seating plans or other necessary improvements
- Behavior on the bus is the same in a classroom.
- Please assist with carrying all equipment...then an instructor will direct students into the bus

Attendance & Notification

- All students are to register for afternoon attendance with their academy instructors
- A doctors or parent note is required for students to be exempt from academy participation. Students that are unable to participate (broken arm, etc.) will stay back at school or home.

Equipment Storage

- The bus transportation does NOT allow large equipment on the bus. Equipment must be dropped off and picked up by parents throughout the week. The equipment may stay in the basement for the entire school year.
- Basement Storage is open from 7:30-8:30 a.m. and 2:30-4:00 every day (September 15- March 31)
- All students are given a second locker in NDA gym girls and boys locker room for his/her soccer equipment

Clothing and Equipment

- If students do NOT come prepared for academy they will stay back at school and work on studies in the library or office. If there are repetitive absences from academy parents will be contacted to inquire reasons why.
- Each student must adhere to the policy as set out by the teacher. Students will be need the following equipment and gear:
- Soccer students are given a water bottle, a backpack/duffle bag, one shirt, a pair of shorts, and socks which are expected to be worn for academy afternoons. During PE activities students are expected to wear the same attire.
- Soccer equipment (students must provide their own): shin pads and soccer boots or runners. Students are also recommended to bring pants and other appropriate clothing for unpredictable weather.

Wellness Education (Health & Physical Education)

- The Health & PE are scheduled to be taught during academy times
- Throughout the year students are introduced to many community professionals (nutritionist, mental preparation for sports, physical trainers, etc.).
- Regular PE activities take place at different times throughout the year (volleyball, basketball, track & field, games, etc.)

Alternate Activities

- Students will be introduced to a variety of community activities and facilities throughout the year (swimming, bowling, GX studio, wall climbing, spin classes, TRX, curling, etc.)

Student Assessment

- There are three school reporting periods:
 - 1) Individual skill testing, 2) Student self-reflection and skill testing, 3) Individual skill testing
- All academies use student performance tests to provide actual results (times, speed, distance, etc.)
- Soccer skill testing includes: juggling, dribbling, passing, and shooting with both feet. Other tests include standardized beep test, shuttle run, and M-test with and without the ball.
- **Academy Surveys:** every year parents are surveyed to assist with feedback of concerns or encouragements toward the academy programs. Parents are also encouraged to contact instructors directly for any questions or concerns throughout the school year.

Opportunities for “PLAY”

- There are NO academy teams that play within the school community (games or tournaments)
- Every day involves SAG (small activity games) and challenges, both individual and groups
- All soccer academy classes end with small sided games or a full field game
- Throughout the year students will participate in multiple tournaments after testing which include soccer games and challenges.

Academy Discipline

Students within the academy program will follow the same expectations of the school discipline policy where parents are contacted by teachers and/or instructors (text, email, or phone). At any time administration may remove students from the academy depending on the concerns from teachers and support of parents.

Timeline of Academy Program

- See calendar/chart attached
- Monthly calendar activities are placed on the NDA academy bulletin board
- Students are always given advance notice of alternate activities which require the need for different clothing (ex: swimming, curling, etc.)

INSTRUCTORS

Wayne Deis

Certified NCCP Coach

Completed Theory 1 & 2

Former Medicine Hat Soccer Association Mini Director

Coached Minor Soccer (Indoor & Outdoor for several years)

Completed Children, Youth, and Senior Community Coaching Levels

Completed Pre-B License Course

Grade 8 Language Arts Teacher

