

INSTRUCTOR:

Wayne Deis—Teacher/Instructor
wayne.deis@mhcbce.ab.ca

- Certified NCCP Coach
- Completed Theory 1
- Completed Theory 2
- Former Medicine Hat Soccer Association Mini Director
- Coached Minor Soccer (Indoor and Outdoor) for several years.
- Completed ‘Senior Community Coaching’
- Completed ‘Youth Community Coaching’
- Completed ‘Children Community Coaching’
- Completed Pre-B License Course



OUR MISSION

In partnership with family, Church and community we provide Catholic Education of the highest quality to our students.

ACADEMIC & ATHLETIC EXCELLENCE TOGETHER

It is our belief that the power and appeal of sports will have a positive affect on our students and on the community.

Notre Dame will offer a supportive learning environment with the Sports Academies focus on *both academics and athletics.*

Guidelines:

Registration guidelines for Notre Dame Academy (Sports Focus):

- 1) All current sports academy students who will be in Grade 7/8/9 next year automatically get a spot in his/her current academy, or if room available, in desired academy.
- 2) All students currently enrolled in Medicine Hat Catholic Schools.
- 3) Non resident students.
- 4) If registrations exceed spaces available students will be selected by draw.



Medicine Hat Catholic Separate
Regional Division #20

NOTRE DAME ACADEMY



Using the power and appeal of sports to have a positive affect on our students and the community.



Contact:

Neal Siedlecki, Principal
neal.siedlecki@mhcbce.ab.ca

Nick Gale, Vice Principal
nick.gale@mhcbce.ab.ca

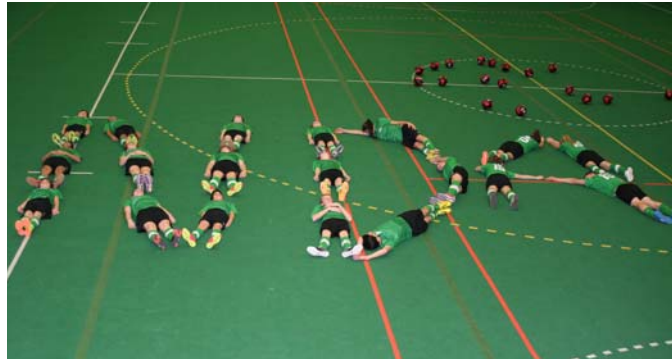
Notre Dame Academy
646 Spruce Way SE
Medicine Hat, AB
T1B 4X3

Phone: (403) 527-5118
Fax: (403) 527-6449
www.notredameacademy.ca

AREAS OF INSTRUCTION:

2 times per week

- Positive practice habits (i.e. effective warm ups and cool downs).
- Agility, balance, coordination and flexibility required to successfully play soccer.
- 1 vs. 1 Attacking Skills that can be used to get by defenders.
- 1 vs. 1 Defending Skills that can be used to stop attackers.
- 1 vs. 1, 2 vs. 2 and 4 vs 4 competitions.
- Appropriate Nutrition for athletes.
- FIFA Laws of the Game
- Basic Mental Skills Training (i.e. Goal Setting)
- Receiving, trapping, and shooting skills.
- Soccer tactics found in small sided game situations (i.e. 3 vs. 3 or 4 vs. 4).
- Physical Education and Health activities will be included.



EQUIPMENT

All students will be expected to have Outdoor and Indoor Soccer Shoes in addition to wearing soccer shin pads at all times while participating in the Academy.

All students receive an Academy jersey, shorts, water bottle, bag and socks that are to be worn when participating within the Academy.



FACILITIES

The Notre Dame Soccer Academy will utilize two different facilities. The field at Notre Dame will be used for our Outdoor Sessions and the Field House's Indoor Soccer Fields at the Stampede Grounds will be used for our Indoor Soccer Sessions.

TUITION

The cost of each academy will be \$95/month or \$900.00/year if paid in one payment. The school sports academies will be operated on a cost recovery basis.



NDA Academy Philosophy : Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)

Academics	<ul style="list-style-type: none"> • All students in the academy will be referred to as "student athletes". They are a student and then an athlete. • Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	<ul style="list-style-type: none"> • The academy will benefit students who are self-motivated. • All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	<ul style="list-style-type: none"> • All students will be accountable for behavior, attitude and level of effort both individually and within a class. • Students will demonstrate a positive attitude & behavior. • Students are expected to attend regularly.