

INSTRUCTORS:

Lon Bosch—Teacher/Instructor

lon.bosch@mhcbe.ab.ca

- Many years of coaching and teaching experience in the junior high environment.
- Assistant Coach with the Bantam AAA Hockey Hounds Club (2002-2003)
- 5 years as instructor at Fire on Ice Hockey School (1997-2002).
- NDA Head Hockey Instructor since September 2004.

Chad Gans—Teacher/Instructor

chad.gans@mhcbe.ab.ca

- Played for the University of Alberta Golden Bears (1998-2001).
- Played four seasons in the W.H.L. (1993-1996).
- Instructor with the Hockey Canada skill development camps.
- Instructor with Hockey Alberta Intro to Coaching.
- High Performance I Certified
- Theory Levels I, II and III
- Alberta Cup Assistant Coach 2009, 2010
- Midget AAA Assistant Coach 2009/10, 2010/11, 2011/12, Coach 2013/14, 2014/15

Skating Tread

Gay Dubeau —
Platinum Star NCCP
Level 3 Certified

Ed Styles — BPE, CEP. 15 years of training



OUR MISSION

In partnership with family, Church and community we provide Catholic Education of the highest quality to our students.

ACADEMIC & ATHLETIC EXCELLENCE TOGETHER

It is our belief that the power and appeal of sports will have a positive affect on our students and on the community.

Notre Dame will offer a supportive learning environment with the Sports Academies focus on *both academics and athletics.*

Guidelines:

Registration guidelines for Notre Dame Academy (Sports Focus):

- 1) All current sports academy students who will be in Grade 7/8/9 next year automatically get a spot in his/her current academy, or if room available, in desired academy.
- 2) All students currently enrolled in Medicine Hat Catholic Schools.
- 3) Non resident students.
- 4) If registrations exceed spaces available students will be selected by draw.



Medicine Hat Catholic Separate
Regional Division #20

NOTRE DAME ACADEMY

Hockey Academy



Using the power and appeal of sports to have a positive affect on our students and the community.



Contact:

Neal Siedlecki, Principal
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T1B 4X3

Phone: (403) 527-5118
Fax: (403) 527-6449
www.notredameacademy.ca

AREAS OF INSTRUCTION:

ON-ICE COMPONENT

(2 times a week—Sept. to March)

- Skating fundamentals
- Power Skating (2 times a month) (Gay Dubeau)
- Puck handling skills
- Passing
- Shooting situations
- Correct checking techniques
- Offensive/Defensive play
- Team tactics

OFF-ICE COMPONENT

(twice a week—April to June)

- “SAC” class (speed-agility-conditioning)
- Cross training: lacrosse, ball hockey, swimming, bowling, golf, baseball, etc.
- Nutrition
- Goal Setting (Dawg Books)
- Self evaluation and reflection
- Physical Education and Health activities will be included



TESTIMONIALS:

“My son is now motivated to go to school each day”

“The instructors are great & the skills he has learned will be very beneficial. The Academy & the School are awesome.”

“The drills - beneficial, good flow, emphasis on skills. Great discipline on the ice.”

“Instructors are awesome. A chance to improve skills while not requiring a competitive team environment.”

“My child enjoys it and looks forward to going to school. This has strengthened his academics. A great concept.”

EQUIPMENT

Academy students must provide their own CSA approved equipment. A Notre Dame hockey jersey will be provided for each student and is required for all ice sessions.

All students receive an Academy jersey which are to be worn when participating with the Academy.

FACILITIES

On-ice training to take place at the Kinplex and possibly other arenas within the city. Off-ice training at Notre Dame Academy gymnasium.

TUITION

The cost of each academy will be \$95/month or \$900.00/year if paid in one payment. The school sports academies will be operated on a cost recover-



NDA Academy Philosophy : Using the power and appeal of Sports to have a positive effect on our students and the community.

3 A's (Academy Goals & Expectations)

Academics	<ul style="list-style-type: none"> • All students in the academy will be referred to as “student athletes”. They are a student and then an athlete. • Academics are the priority of the academy. Students not passing grade level programming will be guided to a more suitable program (learning accommodations, modified academy programming, and/or removal of academy program).
Action	<ul style="list-style-type: none"> • The academy will benefit students who are self-motivated. • All students are expected to put forth their best effort and demonstrate a high level of respect on a daily basis (facilities, instructors, classroom teachers, and classmates).
Accountability	<ul style="list-style-type: none"> • All students will be accountable for behavior, attitude and level of effort both individually and within a class. • Students will demonstrate a positive attitude & behavior. • Students are expected to attend regularly.