

## INSTRUCTORS

**Wayne Deis - Grade 6/7 Soccer  
- Teacher/Instructor**

- ◇ Certified NCCP Coach
- ◇ Completed Theory 1
- ◇ Completed Theory 2
- ◇ Former Medicine Hat Soccer Association Mini Director
- ◇ Coached Minor Soccer (Indoor and Outdoor ) for several years.
- ◇ Completed 'Senior Community Coaching'
- ◇ Completed 'Youth Community Coaching'
- ◇ Completed 'Children Community Coaching'

**Dwayne Unreiner - Grade 8/9 Soccer  
- Teacher/Instructor**

- ◇ Certified NCCP Coach
- ◇ Completed Theory 1
- ◇ Completed Theory 2
- ◇ Completed 'Senior Community Coaching'
- ◇ Completed 'Youth Community Coaching'
- ◇ Completed 'Children Community Coaching'

## NOTRE DAME ACADEMY

### OUR MISSION

In partnership with family, Church and community we provide Catholic Education of the highest quality to our students.

ACADEMIC and ATHLETIC

EXCELLENCE TOGETHER

It is our belief that the power and appeal of sports will have a positive affect on our students and on the community. Notre Dame will offer a supportive learning environment with the Sports Academies focus on *both academics and athletics.*



### FACILITIES

The Notre Dame Soccer Academy will utilize two different facilities. The field at Notre Dame will be used for our Outdoor Sessions, the Field House's Indoor Soccer Fields in the Stampede Grounds will be used for our Indoor Soccer Sessions.



## 2011—2012

Using the power and appeal of sports to have a positive affect on our students and the community.

Contact:  
Robert Grisonich, Principal  
Neal Siedlecki, Vice Principal

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[www.mhcbe.ab.ca/notredame](http://www.mhcbe.ab.ca/notredame)

Medicine Hat Catholic  
Separate Regional Division 20



## STUDENT EXPECTATIONS

Students will maintain a high level of academic achievement and behavior in the classroom to participate in the academy.

Students will be dedicated to improving their skills and knowledge of their sport as well as striving for excellence in academics.

Students will maintain a positive attitude at all times, exemplify good sportsmanship and contribute to the academy by helping others wherever possible.

Students will respect the teachers, instructors, equipment, facilities, and fellow student-athletes at all times.

Registration guidelines for Notre Dame Academy  
(Sports Focus):

1) All current sports academy students who will be in Grade 7/8/9 next year automatically get a spot if they desire.

2) All students currently enrolled in Medicine Hat Catholic Schools.

3) Catholic students not attending a MHCBE school.

4) Non resident (Non-Catholic) students.



## Notre Dame Academy

646 Spruce Way S E  
Medicine Hat T1B 4X3  
(403) 527-5118

### Equipment

- All students will be expected to have Outdoor and Indoor Soccer Shoes in addition to wearing soccer shin pads at all times while participating in the Academy.
- All students receive an Academy jersey, shorts and socks that are to be worn when participating with the Academy.



### Tuition

The cost of each academy will be \$95.00 /month or \$900 / year if paid in one payment. The school sports academies will be operated on a cost recovery basis.



This program is intended for highly motivated students who wish to significantly advance their soccer skills and knowledge of the game. A very high standard will be set with regard to behaviour and a willingness to meet this level will be the basis for advancing through the program. Students who fail to meet behaviour expectation will be directed to programs that better meet their needs at the discretion of the Program instructors.



### AREAS OF INSTRUCTION *(2 times a week)*

- Positive practice habits (i.e. effective warm ups and cool downs).
- Agility, balance, coordination and flexibility required to successfully play soccer.
- 1 vs. 1 Attacking Skills that can be used to get by defenders.
- 1 vs. 1 Defending Skills that can be used to stop attackers.
- 1 vs. 1, 2 vs. 2 and 4 vs 4 competitions.
- Appropriate Nutrition for athletes.
- FIFA Laws of the Game
- Basic Mental Skills Training (i.e. Goal Setting)
- Receiving, trapping and shooting skills.
- Soccer tactics found in small sided game situations (i.e. 3 vs. 3 or 4 vs. 4).
- Physical Education and Health activities will be included.