

Using the power and appeal of sports to have a positive affect on our students and the community.

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www.mhcbe.ab.ca/notredame

Medicine Hat Catholic
Separate Regional Division 20



AREAS OF INSTRUCTION

- ◇ Golf Related Fitness Training
- ◇ Golf Equipment (terminology, selection, etc.)
- ◇ Golf Course Etiquette and Rules of Golf.
- ◇ Swing Technique (Putting, Chipping, Full Swing).
- ◇ Hands-on practice and playing sessions (at Cottonwood Coulee Golf Course, Ross Creek Golf Club, and other locations).
- ◇ Practice Techniques
- ◇ Course Management and Strategies of the Game.
- ◇ Video analysis with the Swing Solutions Golf Video Analyzer.
- ◇ Goal Setting (journals, etc)
- ◇ Physical Education and Health activities will be included.
- ◇ Alternate Activities (Bowling, Curling, Swimming)

NOTRE DAME ACADEMY

OUR MISSION

In partnership with family, Church and community we provide Catholic Education of the highest quality to our students.

ACADEMIC and ATHLETIC

EXCELLENCE TOGETHER

It is our belief that the power and appeal of sports will have a positive affect on our students and on the community. Notre Dame will offer a supportive learning environment with the Sports Academies focus on *both academics and athletics*.

FACILITIES

Notre Dame Academy will partner with Advantage Golf Academy and CPGA Professional Trevor Moore. Driving range facilities, state of the art video analysis equipment and professional instruction will be utilized throughout the golf training and instructional program. These include Cotton Wood and Ross Creek Golf Courses.

EQUIPMENT

Academy students must provide their own golf clubs.



STUDENT EXPECTATIONS

Students will maintain a high level of academic achievement and behavior in the classroom to participate in the academy.

Students will be dedicated to improving their skills and knowledge of their sport as well as striving for excellence in academics.

Students will maintain a positive attitude at all times, exemplify good sportsmanship and contribute to the academy by helping others wherever possible.

Students will respect the teachers, instructors, equipment, facilities, and fellow student-athletes at all times.

Registration guidelines for Notre Dame Academy:
These do not apply to grade 4 students at our feeder school, St. Patrick's. (in order of the following priorities)

- 1) Catholic students from attendance boundaries.
- 2) Catholic students wishing to access the [Sports Academy](#) from outside attendance boundaries (transportation provided).
- 3) Catholic students outside attendance boundaries (not accessing the [Sports Academy](#) (transportation NOT provided).
- 4) Non resident (Non-Catholic) students from attendance boundaries.
- 5) Non resident (Non-Catholic) students outside attendance boundaries wishing access to the [Sports Academy](#) (transportation provided).
- 6) Non resident (Non-Catholic) students outside attendance boundaries (not accessing the [Sports Academy](#) (transportation NOT provided).

Tuition The cost of each academy will be \$95.00/month or \$900.00/year if paid in one payment. The school sports academies will be operated on a cost recovery basis.

Rob Aberle– Head Instructor

rob.aberle@mhcbe.ab.ca

and

Trevor Moore – CPGA Pro

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